

NORTHEASTERN DISTRICT

Food Conservation

I. Food Conservation

A.

1. That the agents train the project 4-H and neighborhood leaders in April before the canning season comes in. Adequate publicity to be given through newspaper articles and club members to non-club members.
2. That the neighborhood leaders give a demonstration in May on Food Conservation and Storage in their respective communities.
3. That the agents train leaders in late October in meat canning in counties where there is a need.
4. That monthly project reports be given in May and July. These reports to stress "Quality in canning for the Family Health's Sake." Recommendations and suggestions for some to be sent to the home agent by specialists to give to the leader. The leaders may also wish to add to these suggestions a summary of what has been done in each club.
  - a. That 4-H leaders and members be trained for quality products in food conservation

B. Special Interest Meeting

1. Meat demonstration showing methods of cutting, curing and storing. (farm agent cooperating)
2. Brining demonstration to be given if needed.
3. Freezing
  - a. Educational meeting on freezing where needed
  - b. Demonstration on preparing products for lockers where needed

II. Marketing

- A. That a special interest meeting be held in grading dairy, vegetable and poultry products, etc. in counties where needed.

III. Handicrafts

A.

1. That handicrafts be stressed for home use and to supplement the farm income.
2. That followup work on homemade braided rugs be in the form of Achievement Days and County Farm Exhibits of braided rugs.

We further recommend that a two-day workshop be held for all new agents on methods of food conservation. This to be given by the specialist at State Training School for new personnel or at some designated place.

Respectfully submitted:

Miss Ruby Scholz - Staff Advisor  
Virginia Patrick - Chairman  
Effie Lewis - Secretary  
Miss Cornelia Simpson  
Mrs. Mamie Sawyer  
Lucy Mitchiner

NORTHEASTERN DISTRICT  
House Furnishings and Home Management

The committee on House Furnishings and Home Management unanimously approve the suggested program presented by the northeastern district program planning committee. In addition to this program the committee suggests:

1. That a joint 4-H program on Safety be included in the yearly plan.
2. That a committee be appointed to plan a Safety program to be presented at 4-H Camps.
3. That a joint 4-H program on Rural Electrification under the supervision of Mr. Rideout, Rural Electrification specialist, be given.

We wish to thank the northeastern district program planning committee for preparing and presenting such an excellent program for 1947.

Respectfully submitted:

Staff Advisers:  
Pauline Gordon  
Rose Ellwood Bryan  
Lorna Langley

Mrs. Iberia R. Tunnell, Chairman  
Ona Patterson, Secretary  
Athlea Boone  
Rebecca Colwell  
Frances Maness  
Mrs. Lydia M. Booth

NORTHEASTERN DISTRICT

Family Life Report

Madam Chairman:

We, the Family Life Committee, make the following recommendations:

1. We recommend that the lesson on "What Makes A Happy Home" be changed from July to June, in order that the 4-H leaders can give the lesson in the 4-H Camps.
2. We recommend that three leader training meetings be held in the district in May, and that the following be invited to attend:

Family Life project leaders  
4-H Leaders  
County Council President  
County Family Life Leader  
Home Agents

One Representative from each: The Ministerial Association, P.T.A. Farm Bureau, Welfare, Health, and The Library Association, in order that they may have a better understanding of the program and further their own work with the youth of the community.

3. That in the selection of family life leaders the following be considered:
  - (1) She should be a mother having a happy relationship with her family,
  - (2) A person young in spirit, interested, and with understanding.
  - (3) She shall be community minded.
  - (4) She shall be willing to accept leadership responsibility, and have time to devote to the project.
  - (5) She must have the confidence of the people in her community.

4. That the state family life specialist be asked to prepare forms for reporting Family Life Projects.
5. Each club shall be asked to subscribe to a children's magazine for the family life leader, in order that she may have material to further strengthen her project.
6. That the family life program be correlated with the 4-H program.

Committee: Mrs. Effie Vines Gordon  
Verona Lee Joyner  
Ella Lewis  
Elgia Scott  
Frances Darden  
Elizabeth Parker Secretary  
Mrs. Virginia S. Swain-Adviser

#### NORTHEASTERN DISTRICT

#### 4-H Club Work

The 4-H Club committee wishes to make the following recommendations concerning 4-H Club work for the year 1947:

##### I. Yearly plan of work:

- First: That health as a major state problem be emphasized in connection with each 4-H Club program as a basis for happy and successful living.
- 2nd: That during the February and March 4-H meetings, plans for junior girls and a dress revue for senior girls to be held in each local club as a follow-up of the two months' program.
- 3rd: That the local clothing exhibit and dress revue be held during the joint preliminary meeting of boys and girls at the May meeting and that local leaders in the club be used as judges.
- 4th: That the October meeting on "Planning Foods for Health" include an actual foods demonstration rather than just a lecture.
- 5th: That the Dairy Food Demonstrations be started as a part of the November meeting, "Milk for Better Health."

##### II. Dairy Food Contest:

1. That trained dairy demonstration teams are an excellent means of promoting 4-H Club work and the health program, and should be used more extensively in P.T.A. meetings, local 4-H Clubs, home demonstration clubs, local civic organizations.
2. That the Dairy Demonstrations be begun in the county in November and that the Northeastern District Contest be held before the 15th of June.

##### III. Dress Revues:

1. That home agents and assistants have a definite understanding as to whether the same garment modeled in a county dress revue contest shall be worn in the district and state contests.

##### IV. Record Books:

1. That a page of simple parliamentary procedure be included in the individual 4-H girls record book as a basis for the promotion of individual participation in club meetings.

V. Health Program:

1. That the 4-H Health program be carried out in the county and state as a health improvement program.
2. That follow-up work with the 4-H Club member and his parents be done following the annual health examination.
3. That every club boy and girl be scored in the local club by the county health officers according to a standard health score card which will serve as a permanent record to be used as a basis for improvement.

VI.

State 4-H Club Week:

1. That new assistant home agents be given an opportunity to attend State 4-H Club Week so that they may have a better understanding of 4-H Club work on the state level.
2. That agents responsibilities while attending State 4-H Club Week be designated prior to club week if possible to promote greater efficiency.
3. That the program for agents' conference be mailed in advance to the agents attending 4-H Club Week.

Respectfully submitted:

Mrs. Willie D. Currin  
Mrs. Nell M. Butler  
Maxine Pleasants  
Virginia C. Bailey  
Bertha Mallare  
Lillian Hines  
Frances Banks  
Mary Elizabeth Simpson  
Eleanor Barber - Staff Adviser

NORTHEASTERN DISTRICT

Clothing

The Clothing committee wishes to submit the following report, with regard to the Program of Work for 1947:

1. That the September demonstration for adults - Accessories for the Fall Wardrobe - be accepted as planned. We further recommend that the demonstration include:
  - a. Style trends and appropriations.
  - b. Hats and How to Wear Them (Also remodeling hats, if desired).
  - c. Colors and color combinations in the Fall Wardrobe.
  - d. Selection of Costume Jewelry for the Fall Wardrobe.
2. That special interest meetings be selected to meet county needs. Special Interest meetings suggested are:
  - a. Machine attachments.
    - (1) Using gauge tucker, hemmer, gatherer, binder, carding foot.
    - (2) Short cuts in sewing by using attachments efficiently.
  - b. Maternity clothes and Layettes.
    - (1) Selection of material style and design for health and comfort.
    - (2) Time saving methods in constructing garments.
    - (3) Finishes that are substantial, durable, and decorative.
  - c. Buying coats, suits, sweaters:
    - (1) Labels
    - (2) Fabrics
    - (3) Lining

- (4) Style in relation to figure
  - (5) Finishes or decoration
  - (6) Workmanship
  - d. Pre-school and early school age clothes
    - (1) Materials and designs that are suitable for a child
    - (2) Self-help features.
    - (3) Machine attachment finishes.
  - e. Other Special Interest suggestions:
    - (1) Work dresses
    - (2) Aprons
    - (3) Color selection
3. That Result Demonstrations be conducted in one or more communities.  
Suggested result demonstrations are:
- a. Good clothes closet - well equipped
  - b. Wardrobe planning
4. That February and March 4-H demonstrations be devoted to work on 4-H Club uniform or other dress for seniors. That junior girls use uniform skirt pattern to make 6-gored skirt. That Beginners (10 yrs. old) be encouraged to make a simple apron or full skirt. (Required material may not be available for uniforms, but it is suggested that other materials be used. The girls will gain valuable experience in use of uniform pattern).
5. That February and March 4-H demonstrations include:
- (1) Knowing your pattern
  - (2) Placing pattern on material
  - (3) Marking
  - (4) Cutting
  - (5) Pin and baste
  - (6) Finishes
6. That joint county council meetings include:
- a. Colors becoming to boys and girls
  - b. Storage and closet for clothes

Respectfully submitted:

Miss Willie Hunter) Specialists  
Miss Julia McIver )

Mrs. Celeste S. Sawyer  
Mildred Aycock  
Hazel Shaw  
Margaret Myers  
Grace Draughan  
Garnett Crocker

NORTHEASTERN DISTRICT

Foods & Nutrition

I.

1. The foods and nutrition committee recommend that the January home demonstration subject, Human Erosion and Remedies, be accepted as recommended by the committee to include the following:
2. That these meetings be held on a community basis with men and women from all families in the community being invited.  
That the meetings begin with a dinner prepared and served by the women.  
That the home agent open the meeting and be responsible for the presentation of Human Erosion and Remedies. That the farm agent present soil in relation to health emphasizing production of vegetables and small fruits.
  - a. Selection of garden spot, soil, drainage, fertilization, relation to the home.
3. It is recommended that factual information be collected in each county on prevailing deficiencies by using spot surveys. These surveys could be made in October 1946, and used by the cooperation of all interested agencies, such as P.T.A., sponsoring committee of school lunchroom, health department, farm security, home economics teachers, welfare department, and Nutrition Councils.
  - (a) The form to be used for surveys will be made by the professional nutritionist of the agencies such as sample copy.
  - (b) The survey should consider age group, 9-11, of all economic tenure and race levels represented in county.

II. It is recommended that the subject for July be Simple Entertaining.

That the lesson sheet include:

1. Club Refreshments
2. Teas or open house
3. When friends drop in

But that one of these to be accepted for each club meeting to meet needs of local people.

Special Interest Meetings:

1. Preparation of meal in pressure canner.
2. Preparation of meal in Presto Cooker.
3. Preparation of meal of frozen foods.

III. 4-H

1. It is recommended that the January 4-H subject be Producing the Food you need for Health

The meeting should include the following:

- (1) Emphasizing production of food in adequate quantity, quality and variety. (Production of vegetables and small fruits).
- (2) Use of visual aid.
- (3) Present at January meeting Health Check Sheets, using health check as basis for county contest, then if possible, follow it with district and state contest.

IV. It is recommended that the subject for May, The 4-H Girl Entertains, include simple entertaining, the same as the home demonstration except in a simpler form.

V. It is recommended that the subject for October be Eat A Better Breakfast.

VI. It is recommended that the subject for November Milk for Better Health, include the following:

1. Beverages for juniors.
2. Use of Dairy Team Demonstrations for the senior clubs or variations to meet the needs.

Respectfully submitted:

Staff Adviser - Miss Virginia Wilson  
Chairman - Mrs. Eugenia VanLandingham  
Secretary - Miss Ella Carawan  
Mrs. Estelle Garner  
Miss Mabel Wynns  
Miss Verna Belle Lowery  
Miss Jimmie M. Cullens