CONFIDENCE LIMITS, BASED ON PROSPECTIVE STUDIES, FOR RISK RATIOS AND ETIOLOGIC FRACTIONS STANDARDIZED FOR CONFOUNDING VARIABLES

I. THEORY

by

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ABSTRACT

It is shown that the usual estimators of numerator and denominator of standardized risk ratios and etiologic fractions are jointly asymptotically normal when the data come from prospective studies. Standardization for a categorical confounding variable with an arbitrary number of categories is allowed; the number of exposure levels allowed is also arbitrary. Consequently, Fieller's method can be employed to obtain asymptotically exact confidence intervals.
I. INTRODUCTION

After much work and many long retrospective and prospective studies, epidemiologists believe that they now know some of the major, "causative" risk factors associated with some of the more prevalent chronic diseases. Thus they are now interested in conducting massive programs in an attempt to get people to alter their habits and living modes so as to reduce risk factor levels and therefore presumably the prevalence of the disease in question. In order to help determine, for a given chronic disease, which risk factors to attack epidemiologists have begun to study a "population parameter" they call the etiologic fraction $\text{EF}$. (Quotes have been used because, although the $\text{EF}$ depends on some real parameters of the target population, it cannot be calculated from complete statistical knowledge of the population— the $\text{EF}$ is an abstraction.) By definition

$$\text{EF} = \text{that proportion of the disease caused by the risk factors in question.}$$  \hspace{2cm} (1)

We shall be more precise later. If the $\text{EF}$ is large, then a successful intervention program would significantly reduce the prevalence of the disease. If it is small then probably an intervention program would not be "worthwhile". The validity of these statements depends upon two assumptions: one for the current generations and one for future generations. It is assumed that, for the current generations, a reduction in exposure levels prior to the onset of the disease will reduce the incidence to something close to the non-exposed group; for future generations, it is assumed that those who would be exposed, if
no intervention occurred, are not genetically different (as a group) vis-à-vis the disease in question from those who would not be exposed anyway. Seemingly, the former assumption is more tenuous.

EF is a ratio and both numerator and denominator must be estimated. Unbiased estimates or at least approximately unbiased estimates are available. When what are termed confounding variables are considered and various levels of the risk factors are also considered (thus when a more detailed categorical approach is employed) a confidence interval (CI) has not been known for prospective studies.

In this paper we present asymptotically exact CI's for EF and two other population parameters, the (directly) standardized risk ratio, SRR, and the (indirectly) standardized mortality (morbidity) ratio, SMR. We assume that the data have been obtained from a prospective study in which individuals have been obtained by simple random sampling, or its equivalent, and only the overall sample size is fixed.

The basic method is due to Fieller [1]. In a later paper we plan to extend the estimation of EF, SRR, SMR to non-categorical approaches, i.e. multiple regression and discriminant analysis.

Many authors have contributed to the literature on EF, SRR and SMR. For a rather extensive bibliography see Gart [2]; see also Miettinen [3,4].

II. NOTATION, DEFINITIONS AND THE STUDY DESIGN

a) Notation

We are concerned with the occurrence, D, or non-occurrence,
rence, $\tilde{D}$, of some disease. We are also interested in one or more risk factors which, for purposes of analysis, have been categorized according to "levels of exposure". By combining levels for each risk factor we have

$$K = \text{number of levels of exposure to risk factors.}$$

Non-exposure will be denoted by 0, while $k, k = 1, \ldots, K$, will denote a given exposure level. There may also be confounding variables (categorical) such that

1) the event disease given exposure level
$k, D|k$, is not independent of the confounding variables, $k = 0, \ldots, K$,

and

2) the joint distribution of the confounding variables is not the same from exposure level to exposure level.

Consequently these confounding variables ought to be considered in any estimation of relative risk or EF. Let

$$C = \text{total number of confounding variable categories.}$$

For example, being overweight and increasing one's weight are believed to be risk factors for normotensives developing hypertension at a future time. We can dichotomize each: over- or not overweight and weight change, $\geq 10$ lbs. or $< 10$ lbs. for a given number of years. Thus $K = 3$ and not overweight and weight change $< 10$ lbs. would constitute non-exposure. But it is true that $D|k$ is dependent upon
age and current diastolic blood pressure, DBP. By dichotomizing age and using three levels of normal DBP we get C = 6.

Let \( p \) with subscripts be the probability of the event described by the subscripts: for example,

\[
D_{ki} = \text{event of becoming diseased and being at exposure level } k \text{ and in confounding category } i
\]

and

\[
D\mid_{ki} = \text{event of becoming diseased given exposure level } k \text{ and confounding category } i.
\]

A dot, \( \cdot \), in a subscript means that the variable corresponding to that position has been summed out. Thus

\[
\cdot_k\mid_i = \text{event of being at exposure level } k \text{ given confounding category } i
\]

and

\[
D\cdot\mid_k = \text{event of becoming diseased given exposure level } k.
\]

We assume none of the probabilities are 0.

b) Definitions

The three parameters of interest can now be written
\[
SRR_k = \frac{\sum_{i=1}^{C} P_{i|0} P_{D|i}}{P_{D|0}} = \frac{\sum_{i=1}^{C} P_{i} P_{D|i}}{P_{D0}} 
\]

(2)

\[
SMR_k = \frac{P_{D|k}}{\sum_{i=1}^{C} P_{i|k} P_{D|i}} = \frac{P_{Dk}}{\sum_{i=1}^{C} P_{i} P_{D|i}} 
\]

(3)

for \(k = 1, \ldots, K\), and

\[
EF_{\mathcal{E}} = \frac{\sum_{k \in \mathcal{E}} P_{D|k} - \sum_{k \in \mathcal{E}} \sum_{i=1}^{C} P_{i} P_{D|i}}{P_{D0}} 
\]

\[
= \frac{P_{D\mathcal{E}} - P_{D\mathcal{E}^c}}{P_{D0}} 
\]

(4)

where \(\mathcal{E}\) is any subset of exposure levels not including non-exposure.

In words,

\(SRR_k\) = ratio of the probability of becoming diseased given exposure level \(k\) if the confounding distribution were that in the non-exposed group to the probability of becoming diseased given non-exposure,

and

\(SMR_k\) = ratio of the probability of becoming diseased given exposure level \(k\) to the probability of becoming diseased given non-exposure if the confounding variable distribution among the non-exposed group were that of the group at exposure level \(k\).
$\mathcal{C}$ is the set of exposure levels towards which an intervention campaign is contemplated, while

$$p_{Dc}^* = \text{probability of becoming diseased and being in the group at exposure levels in } \mathcal{C} \text{ if they were non-exposed.}$$

Thus we arrive at the "definition" given in (1).

c) **Study Design**

As mentioned we are concerned with a prospective study in which participants have been randomly selected. All participants are disease-free at initiation of this study. Let $n = \text{overall sample size}$. Subscripts on $n$ will have the same meaning as before. Thus at study completion we will have $C \times 2 \times (K+1)$ tables:

<table>
<thead>
<tr>
<th>Confounding Category $i$</th>
<th>Risk Level</th>
<th>Totals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td><strong>Diseased</strong></td>
<td>$n\cdot_{0i}$</td>
<td>$n\cdot_{1i}$</td>
</tr>
<tr>
<td><strong>Not Diseased</strong></td>
<td>$n\cdot_{D0i}$</td>
<td>$n\cdot_{D1i}$</td>
</tr>
<tr>
<td><strong>Totals</strong></td>
<td>$n\cdot_{0i}$</td>
<td>$n\cdot_{1i}$</td>
</tr>
</tbody>
</table>

Various real life problems, such as change of exposure level and loss to the study, will be ignored. Because of the study design, all entries in the table are random variables. We ignore the fact that the sample space is finite.
III. JOINT ASYMPTOTIC DISTRIBUTION OF ESTIMATORS OF NUMERATORS AND DENOMINATORS

In this section we prove that the usual, obvious estimators of numerator and denominator of $SRR_k$, $SMR_k$ and $EF_e$ are jointly asymptotically normal. We give the means and variances and covariances.

Since only $n$ is fixed, there is a non-zero probability that an estimator presented below will be 0/0. We define such a ratio as 1. This means that, for example,

$$E \left( \frac{n_{D0i}}{n_{.0i}} | n_{.0i} \right) = \begin{cases} 1 & , n_{.0i} = 0 \\ p_{D|0i} & , n_{.0i} > 0 \end{cases}$$

$$\text{Var} \left( \frac{n_{D0i}}{n_{.0i}} | n_{.0i} \right) = \begin{cases} 0 & , n_{.0i} = 0 \\ p_{D|0i}(1 - p_{D|0i})^{n_{.0i}} & , n_{.0i} > 0 \end{cases}$$

Because the writing of the remainder of the paper will be easier and more concise if we just ignore complications caused by events whose probability goes to 0 as $n \rightarrow \infty$ we shall, for example, write

$$E \left( \frac{n_{D0i}}{n_{.0i}} \right) = p_{D|0i}$$

instead of

$$E \left( \frac{n_{D0i}}{n_{.0i}} \right) = p_{D|0i} P(n_{.0i} > 0) + P(n_{.0i} = 0) \rightarrow p_{D|0i}.$$
Thus we shall refer to estimators as being unbiased when in fact they are only, but rapidly, asymptotically unbiased.

**Definitions**

1) \[ \widehat{\text{SRR}}_k = \frac{\sum_{i=1}^{C} \frac{n \cdot O_i \cdot n_{Dk_i}}{n} \cdot n \cdot ki}{\frac{n_{DO_i}}{n}} = \frac{\sum_{i=1}^{C} \hat{p}_i \cdot O_i \cdot \hat{P}_D|k_i}{\hat{p}_{DO_i}} \] (5)

2) \[ \widehat{\text{SMR}}_k \frac{\frac{n_{Dk}}{n}}{\frac{\sum_{i=1}^{C} \frac{n \cdot ki \cdot n_{DOi}}{n} \cdot n \cdot O_i}{n}} = \frac{\hat{p}_{Dk}}{\frac{\sum_{i=1}^{C} \hat{p}_i \cdot ki \cdot P_D|Oi}{n}} \] (6)

3) \[ \widehat{\text{EF}}_e = \frac{\frac{n_{De}}{n} - \sum_{i=1}^{C} \frac{n \cdot ei \cdot n_{DOi}}{n} \cdot n \cdot O_i}{\frac{n_{De}}{n}} = \frac{\hat{p}_{De} - \hat{p}_{De}}{\hat{p}_{De}} \] (7)

where

\[ n_{De} = \sum_{k \in \Omega} n_{Dk} \]

\[ n_{ei} = \sum_{k \in \Omega} n \cdot ki \]

It is of course clear that...
\[
\frac{\hat{p}_{DA'} - p_{DA'}}{\sqrt{p_{DA'}(1 - p_{DA'})/n}} \rightarrow N(0, 1)
\]

where A is any subset of \(\{0, 1, \cdots, K\}\). We, in particular, refer to \(A = \{k\}, k = 0, \cdots, K\), \(A = \emptyset\) and \(A = \{0, 1, \cdots, K\}\).

**Lemma 1**

\[
\frac{\hat{p}_{D|ki} - p_{D|ki}}{\sqrt{\frac{1}{p_{ki}p_{D|ki}(1 - p_{D|ki})/n}}} \rightarrow N(0, 1).
\]

**Proof**

Let

\[
y_n = \frac{p_{Dki}(p_{ki} - p_{ki}^{-1})}{\sigma(\hat{p}_{Dki})}
\]

and

\[
x_n = \frac{\hat{p}_{D|ki} - p_{D|ki}}{\sigma(\hat{p}_{Dki})}
\]

where

\[
\sigma^2(\hat{p}_{Dki}) = p_{Dki}(1 - p_{Dki})/n.
\]
Then \( Y_n = y \) is equivalent to

\[
\hat{\sigma}_{n \cdot k_i}^{-1} \hat{\sigma}(\hat{p}_{D_{k_i}}) y + \hat{p}_{n \cdot k_i}^{-1} = a(\sqrt{n})y + b \quad \xrightarrow{\hat{p}_{k_i}} \quad p_{k_i} \text{ for } n \to \infty
\]

for fixed \( y \). Thus

\[
P(X_n \leq x \mid Y_n = y) = P\left( \frac{\hat{p}_{D_{k_i}} - P_{D|k_i}}{\sqrt{P_{D|k_i}(1 - P_{D|k_i})/n \cdot k_i}} \leq \frac{x \hat{\sigma}(\hat{p}_{D_{k_i}})}{\sqrt{P_{D|k_i}(1 - P_{D|k_i})/n \cdot k_i}} \right)
\]

\[
\rightarrow P\left( Z \leq \frac{x \sqrt{p_{D_{k_i}}(1 - p_{D_{k_i}})}}{\sqrt{p_{k_i}^{-1} P_{D|k_i}(1 - P_{D|k_i})}} \right)
\]

where \( Z \sim N(0, 1) \). Thus \( X_n \) is independent of \( Y_n \) and

\[
X_n \xrightarrow{\text{d}} N\left( 0, \sqrt{\frac{P_{k_i}^{-1} P_{D|k_i}(1 - P_{D|k_i})}{p_{D_{k_i}}(1 - p_{D_{k_i}})}} \right)
\]

and consequently

\[
\frac{\hat{p}_{D|k_i} - P_{D|k_i}}{\sqrt{p_{k_i}^{-1} P_{D|k_i}(1 - P_{D|k_i})/n}} \xrightarrow{\text{d}} N(0, 1).
\]

QED.
Lemma 2
\[ X_n = \frac{\hat{p}_{A_1} \hat{p}_{D|k_i} - p_{A_1} p_{D|k_i}}{\sqrt{\frac{1}{n} p_{D|k_i} p_{A_1}(1 - p_{A_1})}} \rightarrow N(0, 1) \]

where \( A \) is a subset of \( \{0, \ldots, K\} \), \( k \notin A \) and \( \hat{p}_{A_1} = n \cdot A_1 / n \).

Proof

From Lemma 1 we have
\[ Y_n = \frac{\hat{p}_{D|k_i} - p_{D|k_i}}{\sqrt{\frac{1}{n} p_{D|k_i}(1 - p_{D|k_i})}} \rightarrow N(0, 1). \]

Now \( Y_n = y \) is equivalent to
\[ \hat{p}_{D|k_i} = \frac{n_{Dk_i}}{n \cdot k_i} = \sigma(y) \sqrt{n} + p_{D|k_i} \]

where \( \sigma^2(Y) = \frac{1}{n_{k_i}} p_{D|k_i}(1 - p_{D|k_i}) \). Thus
\[ P \left( X_n \leq x \mid Y_n = y \right) \rightarrow P \left( \sqrt{\frac{3}{p_{D|k_i}}} Z + ay \leq x \right) \]

where \( Z \sim N(0, 1) \) and
\[ a = \frac{p_{D|k_i} \sqrt{p_{A_1}(1 - p_{D|k_i})}}{\sqrt{p_{k_i}(1 - p_{A_1})}} \]
Therefore

\[ P(X_n \leq x) = \int_{-\infty}^{x} \int_{-\infty}^{\frac{x-ey}{\sqrt{p_D|k_1}}} \phi(u) \phi(y) du dy = \int_{-\infty}^{x} \phi(z) dz \]

The last equality is obtained by making the transformation

\[ y = y \]

\[ z = \sqrt{\frac{3}{p_D|k_1}} u + ay \]

and integrating out y. QED.

The following lemma is presented without proof since a proof is just a straightforward application of conditional expectations.

**Lemma 3**

1) \[ \text{Var} \left( \sum_{i=1}^{C} \hat{p}_{oi} \hat{p}_D|k_i \right) = \frac{1}{n} \left( \sum_{i=1}^{C} p_D^2|k_i p_{oi} + \sum_{i=1}^{C} p_{oi}^{-1} p_D|k_i (1 - p_D|k_i) - \left( \sum_{i=1}^{C} p_{oi} p_D|k_i \right)^2 \right) \]

\[ \text{Cov} \left( \sum_{i=1}^{C} \hat{p}_{oi} \hat{p}_D|k_i, \hat{p}_{D0} \right) = \frac{1}{n} \sum_{i=1}^{C} p_D|k_i (p_{D0i} - p_{oi} p_{D0}) \]

2) \[ \text{Var} \left( \sum_{i=1}^{C} \hat{p}_{ki} \hat{p}_D|o1 \right) = \frac{1}{n} \left( \sum_{i=1}^{C} p_D^2|o1 p_{ki} + \sum_{i=1}^{C} p_{ki}^{-1} p_D|o1 (1 - p_D|o1) - \left( \sum_{i=1}^{C} p_{ki} p_D|o1 \right)^2 \right) \]

\[ \text{Cov} \left( \sum_{i=1}^{C} \hat{p}_{ki} \hat{p}_D|o1, \hat{p}_{Dk} \right) = \frac{1}{n} \sum_{i=1}^{C} p_D|o1 (p_{Dki} - p_{ki} p_{Dk}) \]
11) \( \text{Var} \hat{\theta}_D = \frac{1}{n} \left( \sum_i \hat{\theta}_i^2 \hat{p}_D|0_l \hat{p}_c |1 + \sum_i \hat{\theta}_i^2 \hat{p}_D|0_l \hat{p}_D|0_l (1 - \hat{p}_D|0_l) - (\sum_i \hat{\theta}_i \hat{p}_D|0_l)^2 \right) \)

\[
\text{Cov} \left( \hat{\theta}_D^o, \hat{\theta}_D^o \right) = \frac{1}{n} \left( \sum_i \hat{\theta}_D|0_l \hat{p}_D|0_l - \hat{\theta}_D^o \hat{p}_D|0_l \right).
\]

\[
\text{Cov} \left( \hat{\theta}_D^o, \hat{\theta}_D^o - \hat{\theta}_D^o \right) = \frac{1}{n} \left( \hat{\theta}_D|0_l (1 - \hat{p}_D|0_l) - \sum_i \hat{\theta}_D|0_l (\hat{p}_c|1 (1 - \hat{p}_D|0_l) - \hat{p}_D|0_l) + \hat{p}_D|0_l \right)
\]

The last requirement before application of Fieller's method is the joint asymptotic normality of the appropriate random variables, for example, \( \{ \hat{\theta}_D|0_l, \hat{p}_D|0_l, \ldots, \hat{\theta}_D|0_l \} \). We shall not write out the proofs here. A proof would be accomplished by showing that the variables are asymptotically jointly normal given \( Y_{ni} = y_i \), where the \( Y_{ni} \) are defined as in the proof of Lemma 2. This conditional distribution will have the proper mean and covariance structure so that upon integrating out the condition we arrive at joint normality.

IV. ASYMPTOTIC CONFIDENCE INTERVALS

Now suppose \( X \) and \( Y \) are jointly normal with means \( \mu_X \) and \( \mu_Y \) and covariance matrix \( (\sigma_{ij}) \). Then

\[
P \left( |X - Y| < z_{\alpha/2} \sqrt{\sigma_{11} - 2\gamma\sigma_{12} + \gamma^2\sigma_{22}} \right) = 1 - \alpha
\]
Upon squaring and rearranging we have

\[ P \left( 0 < \left( z^2 \sigma_{22} - Y^2 \right) Y + 2(\gamma Y - z^2 \sigma_{12}) Y + (z^2 \sigma_{11} - \gamma^2) \right) = P \left( 0 < \alpha^2 + \beta\gamma + C \right) = 1 - \alpha \]

where \( z = z_{\alpha/2} \). Then, as long as \( A < 0 \) and the zeros of the quadratic are real and distinct, they constitute the lower and upper endpoints of a \((1 - \alpha)\) confidence interval (CI). This procedure is due to Fieller.

Using Lemma 3, construction of CI's for \( \text{SRR}_k \), \( \text{SMR}_k \) and \( E_{\text{e}} \) is straightforward. The CI's are given in Theorem 1 without further proof. We note however, that as \( n \rightarrow \infty \), in each CI presented, \( A < 0, B < 0, C > 0 \) and the zeros are real and distinct.

**Theorem 1**

Let

\[
\hat{S} = -\hat{B} + \frac{\sqrt{\hat{B}^2 - 4\hat{A}\hat{C}}}{2\hat{A}}, \quad \hat{L} = -\hat{B} - \frac{\sqrt{\hat{B}^2 - 4\hat{A}\hat{C}}}{2\hat{A}}
\]

Then \((\hat{S}, \hat{L})\) constitute asymptotic \((1 - \alpha)\) CI for

1) \( \text{SRR}_k \)

\[
\hat{A} = z^2 \text{Var} \left( \hat{p}_{D0} - \hat{p}_{D0}^2 \right).
\]

\[
\hat{b} = 2 \left( \hat{p}_{D0}^2 \sum_i \hat{p}_{D|k_i} - z^2 \text{Cov} \left( \hat{p}_{D0}, \sum_i \hat{p}_{D|k_i} \right) \right)
\]
\[ \hat{c} = z^2 \text{Var}(\Sigma \hat{p}_{0i} \hat{p}_D|ki) - \left(\Sigma \hat{p}_{0i} \hat{p}_D|ki\right)^2 \]

ii) SRR$_k$ where

\[ \hat{a} = z^2 \text{Var}(\Sigma \hat{p}_{ki} \hat{p}_D|0i) - \left(\Sigma \hat{p}_{ki} \hat{p}_D|0i\right)^2 \]

\[ \hat{b} = 2 \left(\hat{p}_{dk} \Sigma \hat{p}_{ki} \hat{p}_D|0i - z^2 \text{Cov}(\hat{p}_{dk}, \Sigma \hat{p}_{0i} \hat{p}_D|ki)\right) \]

\[ \hat{c} = z^2 \text{Var} \hat{p}_{dk} \cdot \hat{p}_{dk} \]

iii) EF$_e$ where

\[ \hat{a} = z^2 \text{Var} \hat{p}_D - \hat{p}_D^2 \]

\[ \hat{b} = 2 \left(\hat{p}_D \cdot (\hat{p}_{de} - \hat{p}_{de}^\circ) - z^2 \text{Cov}(\hat{p}_D, \hat{p}_{de} - \hat{p}_{de}^\circ)\right) \]

\[ \hat{c} = z^2 \left(\text{Var} \hat{p}_{de} - 2\text{Cov}(\hat{p}_{de}, \hat{p}_{de}^\circ) + \text{Var} \hat{p}_{de}^\circ\right) - (\hat{p}_{de} - \hat{p}_{de}^\circ)^2 \]

The estimators of the variances and covariances need to be asymptotically consistent. This is satisfied if the probabilities in these quantities are replaced by their (consistent) estimates.

We note that the estimators and CI for SRR$_k$ and SRR$_k$ may be considered conditioned on $n_{.k}$, $k = 0, \cdots, K$, being fixed. Asymptotically the results are identical to the unconditioned situation. The expected values of numerator and denominator of EF$_e$, given the $n_{.k}$, are functions of these $n_{.k}$ and will only be asymptotically unbiased since
\[ n_{k} / n \rightarrow p_{k}. \] Therefore there seems to be no reason to consider conditional estimators and CI's.

V. STRATIFIED SAMPLING STUDY DESIGN

If stratified random sampling is employed, so that \( n_{k} , k = 0, \ldots, K \), are pre-determined, then an argument similar to that in the preceding section leads to CI's for \( \text{SRR}_k \) and \( \text{SNR}_k \). It is necessary to have \( n_{k} / n \rightarrow p_{k} \) converge to a limit. If that limit is \( p_{k} / p_{0i} \) then the stratified design is asymptotically equivalent to the simple random sample design, as stated above.

\( EF_{e} \) presents a different problem. In order to use a stratified design we must have prior knowledge of the strata relative sizes: the \( p_{k} \). If the \( n_{k} , k = 0, \ldots, K \), are chosen so that

\[ n_{k} \rightarrow p_{k}. \]

then stratification is asymptotically more efficient. Specifically, with \( \gamma = EF_{e} \) and \( X \) and \( Y \) estimators of numerator and denominator,

\[
\text{var} \sqrt{n} (X - \gamma Y) = \text{var} \sqrt{n} (X - \gamma Y)_{et} \rightarrow \sum_{k \in E} p_{k}^{-1} \left( \text{PD}_{k} (1 - \gamma) - \frac{C}{i=1} p_{k i} P_{D|i} |_{0i} \right)^2 + \gamma^2 \sum_{k \in E} p_{k}^{-1} p_{k}^{2} > 0
\]

The specific formulas for the CI are given in Sobel, Part II, [5].

We do not have any specific results concerning optimal allocation.
REFERENCES


